

# UNCHARTED WATERS

## AN IMPROVISATION WORKSHOP

### USING THE FELDENKRAIS METHOD®

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Improvisation is spontaneous composition and is ultimately expressed through the performer's thinking, sensing and movement. Using the *Feldenkrais Method*, participants will discover greater possibilities for these three elements, leading to an increase in musical options to improvise and play with.

"...make the impossible possible, the possible easy, and the easy elegant." Moshe Feldenkrais

- ◆ become comfortable improvising melodies
- ◆ experience the joy of improvising in a group
- ◆ explore improvisation away from, and with your instrument
- ◆ find more spontaneity in your practicing and performing

Players of any instrument, and of any level of musical experience are invited. A piano, keyboards, p.a. and amplifiers are also available. Instrumentalists bring your instruments, vocalists bring your voices.

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John Tarr and Bob Schlesinger are musicians who improvise and teach others to improvise. As *Feldenkrais*® Teachers working with musicians to "help tune the instrument that plays the instrument," they have found that refining physical awareness enhances learning to spontaneously create music.

[dynamicmusician.com](http://dynamicmusician.com)  
[robertschlesinger.com](http://robertschlesinger.com)

Call Bob at (303) 875-0842 for more information

date	location	time	Cost	
<b>10/16/11</b>	<b>BROADWAY MUSIC SCHOOL</b>	<b>1 - 4 PM</b>	<b>\$40</b>	1940 S. Broadway, Denver Please call to register (303) 777-0833 <a href="http://www.broadwaymusicschool.com">www.broadwaymusicschool.com</a>